

SCHOOL EXPRESS



SPORTS STARS 2017-18



**Sports teaches you character,
it teaches you to play by the
rules, it teaches you to know
what it feels like to win and
lose-it teaches you about life.**



THE WORLD OF SPORTS



Did you know? *The game of basketball as it is known today was created by Dr. James Naismith in December 1891 in Springfield, Massachusetts to condition young athletes during cold months. It consisted of peach baskets and a soccer style ball. He published 13 rules for the new game. He divided his class of eighteen into two teams of nine players each and set about to teach them the basics of his new game. The objective of the game was to throw the basketball into the fruit baskets nailed to the lower railing of the gym balcony. Every time a point was scored, the game was halted so the janitor could bring out a ladder and retrieve the ball. After a while, the bottoms of the fruit baskets were removed. The first public basketball game was played in Springfield, Massachusetts, on March 11, 1892. Someone proposed to call it "Naismith Game", but he suggested "We have a ball and a basket: why don't we call it basketball?"*



Kismatdeep Kaur of class VII B was declared the Best Player in U-14 Girls in the Bhagwant Singh Memorial Basketball Tournament

Vedansh Ranot of class VI B was declared the Best Player in U-12 Boys in the Bhagwant Singh Memorial Basketball Tournament



The U-14 Girls Basketball Team Stood 2nd in the Bhagwant Singh Memorial Basketball Tournament

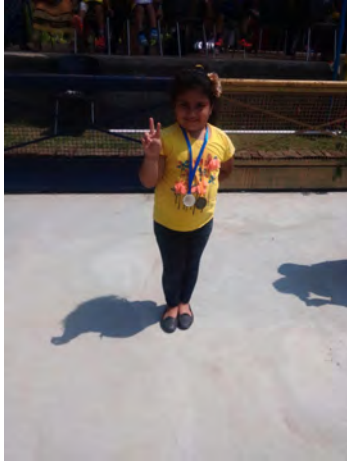


The U-12 Boys Basketball Team stood 1st in the Bhagwant Singh Memorial Basketball Tournament

THE WORLD OF SPORTS



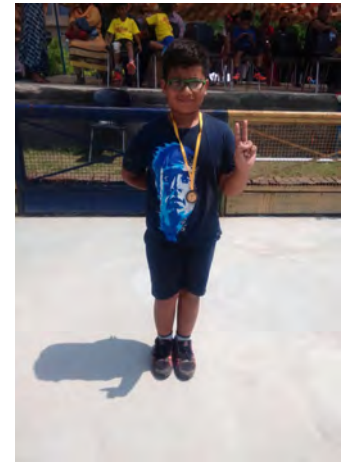
Did you know? The four-wheeled turning roller skate, or quad skate, with four wheels set in two side-by-side pairs (front and rear), was first designed, in New York City by James Leonard Plimpton in 1863 in an attempt to improve upon previous designs. It was a huge success, so much so that the first public roller skating rinks were opened in 1866, first in New York City by Plimpton in his furniture store and then in Newport, Rhode Island with the support of Plimpton. The design of the quad skate allowed easier turns and maneuverability, and the quad skate came to dominate the industry for more than a century



Simran Verma of class II won Silver and Bronze Medals in the Open District Skating Championship



Jaismine Kaur of class III D stood 1st in the District Skating Tournament and won 3 Gold Medals in the Open District Tournament held in Dikshant School



Chaitanya Verma of class IV B stood 2nd in Road Race in District Skating Championship and first in School District Championship



Tajveer Singh of class VI A won a Gold Medal in the Open District Championship



Maurine Saini of class IX B won Gold Medal in Inter School Skating Championship



Harmanbir Singh of class XII won a Gold Medal in the Skating Championship held at Manav Mangal School



Harmanbir, Maurine, Ranak Verma, Siddaq Gyani, Trivanshika, Aatamjeet Kaur, Prabhnoor Kaur, Chaitanya, Armeet Singh, M. Atif, Pratap Singh, Shubhang Verma, Tajveer, Nischal Jain, Jasmine, Dhriti Garg ---all took part in the District Skating Tournament and many won positions too.

THE WORLD OF SPORTS

TABLE TENNIS

Did you know? The sport originated in Victorian England, where it was played among the upper-class as an after-dinner parlour game. It has been suggested that makeshift versions of the game were developed by British military officers in India in around 1860s or 1870s, who brought it back with them. A row of books stood up along the center of the table as a net, two more books served as rackets and were used to continuously hit a golf-ball. The name "ping-pong" was in wide use before British manufacturer J. Jaques & Son Ltd trademarked it in 1901. The name "ping-pong" then came to describe the game played using the rather expensive Jaques's equipment, with other manufacturers calling it table tennis



Learning Paths School Table Tennis Team stood 1st in the U-14, U-17, U-19 Boys and Girls teams in the School District Tournament

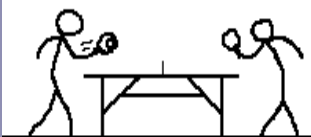


Learning Paths School Table Tennis Team came 1st in the Carmel Convent Table Tennis Tournament



1st in Chandi garh League Table Tennis Championship

1st in the Chandi garh State Ranking Tournament



LPS won the Overall Championship in the Learning Paths Table Tennis Tournament



THE WORLD OF SPORTS

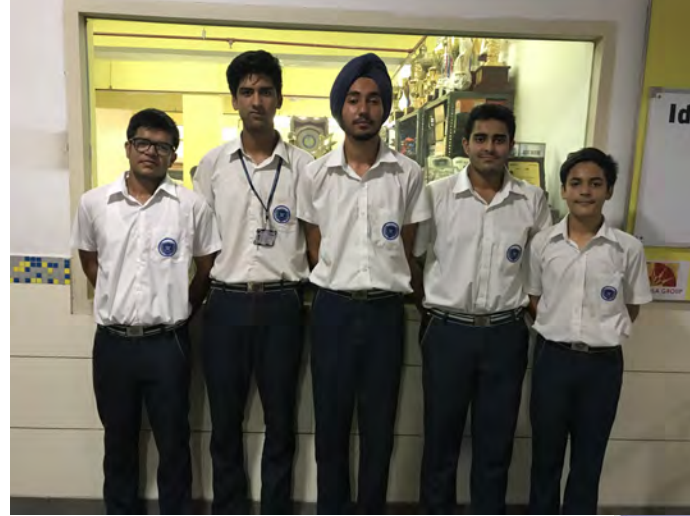


Did you know? The history of chess can be traced back nearly 1500 years, although the earliest origins are uncertain. The earliest predecessor of the game probably originated in India, before the 6th century AD; a minority of historians believe the game originated in China. From India, the game spread to Persia. When the Arabs conquered Persia, chess was taken up by the Muslim world and subsequently spread to Southern Europe. In Europe, chess evolved into roughly its current form in the 15th century.

Chess remains a highly popular pastime among the general populace. A 2012 survey found that "chess players now make up one of the largest communities in the world: 605 million adults play chess regularly". Chess is played at least once a year by 12% of British people, 15% of Americans, 23% of Germans, 43% of Russians, and 70% of Indian people.



The U-17 Boys got the 1st position in the Zonal and District Inter School Chess Competition



The U-19 Boys got the 1st position in the Zonal and District Inter School Chess Competition.



The U-19 Girls got the 1st position in the Zonal Inter School Chess Competition



Gunika Jalota of class V stood 2nd in the Punjab State Chess Tournament





CRICKET



Bhrigav of class VI A was declared Man Of The Match in an Inter School Cricket Tournament

The sport of cricket has a known history beginning in the late 16th century. Having originated in south-east England, it became the country's national sport in the 18th century and has developed globally in the 19th and 20th centuries. International matches have been played since 1844 and Test cricket began, retrospectively recognized, in 1877.



Manraj Singh of class V B was declared Man of the Match in an Inter School Cricket Tournament

Limited-overs cricket:

In the 1960s, English county teams began playing a version of cricket with games of only one innings each and a maximum number of overs per innings. Starting in 1963 as a knockout competition only, limited overs grew in popularity and, in 1969, a national league was created which consequently caused a reduction in the number of matches in the County Championship. Although many "traditional" cricket fans objected to the shorter form of the game, limited-over cricket did have the advantage of delivering a result to spectators within a single day; it did improve cricket's appeal to younger or busier people; and it did prove commercially successful. The first limited-over international match took place at Melbourne Cricket Ground in 1971 as a time-filler after a Test match had been abandoned because of heavy rain on the opening days. It was tried simply as an experiment and to give the players some exercise, but turned out to be immensely popular. limited-over internationals (LOIs or ODIs—one-day internationals) have since grown to become a massively popular form of the game, especially for busy people who want to be able to see a whole match. The International Cricket Council reacted to this development by organizing the first Cricket World Cup in England in 1975, with all the Test-playing nations taking part.





LAWN TENNIS



Guneet Kaur of class VIII B stood 2nd in the District Lawn Tennis Tournament



Siya Girhotra of class VI C stood 2nd in the District Lawn Tennis Tournament



Sukhmani Kaur of class VI C stood 2nd in the District Lawn Tennis Tournament



Udbhav Kaplish of class VI D, Sarang Sabharwal of Class VI D, and Ranveer Singh VI C stood 2nd in the District School Lawn Tennis Tournament

The game that most people call 'tennis' is the direct descendant of what is now known as real tennis or royal tennis (which continues to be played today as a separate sport with more complex rules). Most of the rules of the game commonly known as tennis derive from real or royal tennis. It is reasonable to see both sports as variations of the same game. Most historians believe that tennis originated in the monastic cloisters in northern France in the 12th century, but the ball was then struck with the palm of the hand, hence the name jeu de paume ("game of the palm"). It was not until the 16th century that rackets came into use, and the game began to be called "tennis." It was popular in England and France and Henry VIII of England was a big fan of the game, now referred to as real tennis.

THE WORLD OF SPORTS



RIFLE SHOOTING



Arshdeep Kaur of class VIII won a Gold Medal in the 10 mt Rifle Shooting Chandigarh State Tournament



Tikka Jai Singh class X has won Bronze Medal in Punjab State Shooting Championship



SWIMMING

Gauransh of class IX C, Ameya of class IX C & Bhairavi of class VIII C stood 1st and 2nd in the Inter School District Swimming Tournament



ATHLETICS



Gurnoor Kaur of class VII B won Gold Medals in the District Athletic Meet in 100mt and Long Jump





TAEKWONDO



The name Taekwondo is derived from the Korean word "Tae" meaning foot, "Kwon" meaning fist and "Do" meaning way of. So, literally Taekwondo means "the way of the foot and fist". The name Taekwondo, however, has only been used since 1955 while the arts' roots began 2,300 years ago in Korea. Known as a martial art and way of life, the evolution of Taekwondo was a direct result of the happenings in Korea long ago.

Taekwondo, under the leadership of the World Taekwondo Federation has grown into an international art and sport practiced in over 190 countries worldwide.

In 1975 the U.S. Amateur Athletes Union (AAU) accepted Taekwondo as an official sport. Taekwondo was also admitted to the General Association of International Sports Federations (GAISF) and the International Council of Military Sports (CISM) in 1976. In 1980 the WTF became an International Olympic Committee (IOC) recognized sports federation, making Taekwondo a demonstration sport for the 1988 and 1992 Olympic Games. Taekwondo is now an official event in the Olympics.



Prabhjot Singh of class IX B won a Silver Medal in the Punjab State Taekwondo Championship



Tanvi Sonkar IX A, Prabhjot Singh IX B & Trivanshika VI A won Gold Medals and Garv Bansal IX B won a Silver Medal in the District Taekwondo Championship



Trivanshika Rajput of class VI A and Prabhjot Singh of class IX B won a Bronze Medal and a Silver Medal respectively in the Punjab State Taekwondo Championship

Deevanshi clinches U-15 title

TIMES NEWS NETWORK

Mohali: On the last day of 3rd Annual Learning Paths Open Table Tennis Tournament, being played at Learning Paths School, Mohali, Deevanshi Chawla of St. Kabir School beat Sonalika of Manav Mangal School by 3-0 (11-8, 11-7, 11-6) to lift the U-15 girls title on Sunday.

In the semifinals, Deevanshi had managed to put it



तीसरा वार्षिक लर्निंग पाथ्स ओपन टेबल टेनिस टूर्नामेंट शुरू



मोहाली, 2 जून (नियामियां): हार्ट को प्रतीक्षा को 3-0 (11-6, 11-7, 11-8) को जीतकर तीसरा वार्षिक लर्निंग पाथ्स ओपन टेबल टेनिस टूर्नामेंट का शुभारंभ हुआ।

Prithish walks away with U-10 TT title

HT Correspondent

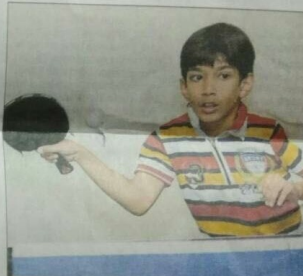
SASNAGAR: Prithish Sood of Learning Paths School outplayed Sahil Rawat of Saupin's School by 3-1 (11-4, 11-6, 9-11, 11-9) in the U-10 boys final to emerge victorious during the 3rd Annual Regional Learning Paths Open Table Tennis Tournament organized at Learning Paths School in SAS Nagar on Friday. Playing in the U-10 semifinals, Prithish blanked Sahil of Tender Heart School by 3-0 (17-15, 11-3, 11-2) while Sahil Rawat of Saupin's School beat Aksham of Ajit Karam Singh School, Sector 41 by 3-0 (8-11, 8-11, 8-11).

In the girls U-10 girls semifinals, Tatal Raera of GMADA

another match, Gulbeena Kaur of Pattala beat Tertiksha of Tender Heart 3-0 (11-6, 11-2, 11-5). Thereafter, Tajal Basra won the final by beating Gulbeena 3-1 (11-8, 11-9, 11-9, 11-12).

In the under-12 boys semifinals, Arnav Aggarwal of Gurukul Global School beat Jugadveer Singh of Saupin's School, 3-0 (11-8, 11-6, 11-9) while in another match Divyansh Sharma of Learning Paths School drubbed Arena of Punjab Institute of Sports, 3-0 (11-3, 12-10, 14-12).

Tanishka Saluja of Yamuna Nagar overpowered Neha of Manav Mangal School, 3-0 (11-7, 11-8, 11-8) in the U-12 girls semifinals. In the other match, Palf of Learning Paths School



Mohali's Vivek High face Learning Paths in boys U-12 title clash

HT Correspondent

CHANDIGARH: Vivek High School, Mohali, defeated St. Kabir Public School, Chandigarh, 26-24, to enter the boys' under-12 final in the Bhagwant Singh Memorial Inter-school Basketball Tournament held at the Sector 42 Sports Complex on Friday.

Harnoor with nine points was the top scorer of the winning team.

In the second match, Learning Paths School, Mohali, defeated Vivek High School, Chandigarh, 17-4.

Veerpartap and Sandeshbir each scored seven points for the winners.

In the girls' under-12 category, Vivek High School, Mohali, beat Manav Mangal School, Mohali, 17-4 to enter final. Tarushi of Vivek High scored seven points for the team.

In another match, Strawberry Fields School, Chandigarh, beat St. Anne's School, Chandigarh, 3-1 to set up title clash with Vivek High School.

Manera of winning team scored nine points. Vivek High School, Chandigarh, defeated YPS, Mohali, 38-18 in the boys' under-17 age group to



Learning Paths School outclass St Stephens in basketball c'ship

TIMES NEWS NETWORK

Chandigarh: Guru Har'krishan School, Chandigarh beat St. Peter's School, Chandigarh 2-0 in U-12 boys category in the ongoing Bhagwant Singh Memorial inter school basketball tournament for boys and girls, organized by Vivek High School, Mohali.

Manit of Guru Har'krishan School was the star player for his team.

In another match, Vivek High School, Sector 38, Chandigarh drubbed Saupin's School, Sector 32 Chandigarh 14-0. Hritvik of Vivek High School scored six points for his team.

Learning Paths School, Mohali, outplayed St. Stephens School, Mohali by 18-9, in U-12 boys category. Vedansh was the star player for the Learning Paths as he scored eight points for his team. While Gunveer was the lone fighter for St. Stephens School as he scored all the nine points from his team. In the same category, St. Anne's, Sector 32, Chandigarh defeated Oakridge International School, Mohali by 11-4. Aarav scored points for the winning team.

Strawberry Fields School, Chandigarh outclassed Police Public School, Mohali by 11-10.



Vivek High School drubbed Saupin's School 14-0

Smart Wonders School by 16-6. Deven and Nelesh scored eight points each for the winning team.

In the U-14 boys category YPS, Mohali beat Guru Nanak Public School, Sector 35 School by 18-11 in a closely fought match. Akaljit was the main scorer for YPS scoring 4 points while Kanwar scored 5 points while Prabhshar scored seven points for the Delhi Public School.

In another match of U-14 boys category, Learning Paths School, Mohali defeated Saupin's School, Mohali by a huge margin of 22-02. Aryan Mittal scored eight points for the winning team while under the same category, Strawberry School,

Learning Paths cagers clinch U-12 title

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BHAGWANT SINGH MEMORIAL Beat hosts Vivek High School 35-18. Strawberry Fields, Chandigarh, win Girls' U-12 title

HT Correspondent

CHANDIGARH: Learning Paths School, Mohali, and Strawberry Fields School, Chandigarh, clinched the under-12 boys and girls titles, respectively, in the inter-school basketball tournament held at the Sector 42 Sports Complex on Saturday.

The tournament was organized by Vivek High School, Mohali.


In the boys' U-12 category, Learning Paths School, Mohali, defeated Vivek High School, Chandigarh, 35-18 to claim the title. Vedansh scored 12 points, while Gunveer and Hritvik scored 10 points each. In the girls' U-12 category, Strawberry Fields School, Chandigarh, 35-18 to claim the title. Nikhita scored 12 points, while Parul and Arushi scored 10 points each.



Learning Paths School to face Vivek High in U-12 final

TIMES NEWS NETWORK

Chandigarh: On the fifth day of Bhagwant Singh Memorial inter-school basketball tournament organized by Vivek High School, Mohali, held at Sports Complex, Sector 42, Vivek High School, Mohali beat St. Kabir Public School, Chandigarh by 29-26 and cemented their place in the final in the under 12 boys category. Harnoor of the winning team scored 9 points. Meanwhile, in second semifinal match Learning Paths School, Mohali reached final by defeating Vivek High School, Chandigarh by 17-8. Veerpartap and Sandeshbir



Action from the game between Learning Path and Vivek High School

and Kanwar both scored 10 points each for Vivek High School to reach final. In another match under the same category, Learning Paths School, Chandigarh by 29-26 and reached semifinals. Aadi tya of YPS scored 12 points while Harmanpreet of Guru

BASKETBALL

each scored 7 points for Learning Paths School. Ma-

Learning Paths, Strawberry Fields win titles

TRIBUNE NEWS SERVICE

CHANDIGARH, AUGUST 5: Learning Paths School, Mohali, defeated Vivek High School, Mohali, 35-18 to win the boys' U-12 title on the concluding day of the Bhagwant Singh Memorial Inter-School Basketball Tournament at the Sector 42 Sports Complex here today. Vivek was the top scorer for the winners with 12 points.

Vivek High School, Sector 38, finished third after beating St. Kabir Public School, Mohali, 21-4. Hritvik scored 11 points for Vivek High School. The girls' U-12 title went to Strawberry Fields School, Sector 38, after they registered a 29-26 win over Vivek High School, Mohali. Mandira alone scored 20 points for Strawberry Fields. St. Anne's School, Sector 32, finished third with a 12-1 victory over Manav Mangal School, Mohali. Sanvi scored six points for the winning team.

Vivek High School, Sector 38, beat Learning Paths School 18-16 to finish third in the boys' U-14 category. Tejvir scored eight points for Vivek Kabir's tally. In the girls' U-14 category, Strawberry Fields School rode on 27-point effort by Nikhita to defeat Carmel Convent School, Sector 47, 34-23. Parul was the top scorer for Carmel Convent School, with 11 points. Carmel Convent, though, beat Vivek High Mohali, 17-4 to finish third. Guru Har'krishan School, Sector 38, meanwhile, defeated YPS Mohali, 41-28 to finish third in the boys' U-17 event.



Players of Learning Paths School in a jubilant mood after winning the boys' U-12 title in the ongoing Bhagwant Singh Memorial Basketball Championship at Sector 42 sports complex. **RAVI KUMAR**

A basketball player wrote the following poem expressing his love for the game:

The dribble of the basketball,
The swish of the net,
The squeaking of my shoes against
The wood floor,
The passion and determination that
I feel is indescribable,
As sweat drips down my temples.

The basketball court is my home.
It is where all my thoughts and emotions
Are erased from my mind and all
I can think about is the basketball and
The hoop.

The court is a place that I can focus,
A place where I can put all of my
Thoughts and feelings into the
Things that are important to me.

Basketball is my life and
The court is where my
Life lives.



The
Sports
Dept



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