

ISSUE #3
JUNE 2020
Planet in Lockdown –
Special Edition





If hopes were dupes, fears may be liars. For the past few months, we have been living in a different world all together. It is rather surprising how much we are dependent on things. This lockdown certainly has slowed down our lives. All we have got is time which does not seem to pass away. We are not alone in this time for the whole world to pray together. Together we all chant the name of God. For some things are beyond our capacity. Worrying does not make things

any better nor does it make the journey easier. So, calm down, for we have a long way to go and we cannot afford to crumble. This lockdown has taught us many things that might have been difficult to interpret otherwise.

We unraveled our dependency on materialistic possessions. We learnt that restaurants, malls and partying are psychologically a part of us. And that we don't need these things to thrive. We learnt how important our family is. And that's how much we all are dependent on one another. This is the time to introspect, to delve into ourselves, to discover that talented soul within us, to wander aimlessly under the night sky, to find calmness in the blowing wind. This is the time to be ahead of the race, the time to chase our dreams. They say life goes on. Well the whole world came to a halt, but life moved on. We discovered how adaptable we are. We can survive within four walls and how nature doesn't need us to heal it. That it is enough. We learnt how little we can control. After this time, all we shall remember is that once there was a virus. We were locked in and nature danced and how together it was another war that humanity won. Don't let a temporary dark time darken you forever. Look up at the bewildering night sky, it has sufficient light and enough stars that you can walk through, even in the darkest of nights.

Navnoor Rana (IX B)



#### **LOCKED IN THE LOCKDOWN**

Please don't keep the animals in captivity,

They have emotions so honour their dignity.

They love to be in their natural habitat,

It's my humble request, not a diktat!

Our revered Prime Minister Mr. Narendra Modi announced the first lockdown on 24th March 2020. I followed the lockdown with full responsibility. Before that, I had gone to Chattbir zoo with my father. I was very ecstatic to see different kinds of animals and birds. Before the lockdown, I was like a free bird and could fly anywhere but suddenly when the lockdown was imposed, I was locked in a cage like a bird. Something was happening inside me. I was thinking about animals in the zoo that were locked there for a long time. I felt pity for them.

Now, I was able to understand the meaning of independence. We didn't even think that we perturb lots of animals and birds, put them in cages and do injustice to them. God has given them a big sky for flying and we trap them and lock them in a big cage and grab their freedom. How much despair they are in! At last, the first lockdown got over. After a month, I bought my new Hero cycle and I got fifteen minutes of freedom to ride my cycle and the happiness that I got was amazing. I felt that I had got a heap of gold.

Then I understood that we people lock birds and other animals in the cages and because of this they live their lives in despair and die. We have become so selfish that we have grabbed their happiness. This pandemic Covid-19 has taught me that no one should grab the freedom of any animal or bird, because everyone has the right to be free.

Hridyansh Verma (VI A)



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#### A Ray of Hope

One day I asked God, Is there any ray of hope, My Lord. Will we just remain a dope, And keep washing our hands with soap.

We are known to be your second form, But we could not fulfill the norm. We are cruel, selfish and blind, Thinking ourselves as supreme mankind.

This is the thing we rue, We were never thankful to you. Whatever we do, We think ourselves ahead of you.

The moment is slipping from our hand, We are not able to save our motherland. Is the world coming to an end, Or will you bless us to make an amend.

Dear God, we beseech you, Nobody is omnipotent like you. Please help us to cope, You are our only 'Ray of Hope'.



Brahmbir Singh VIII C

#### **FEAR**

Don't let fear conquer your mind, Don't let fear get in your way, Don't let fear boss you around, Don't let fear make you walk away.

Find a way to enjoy your day,
And make the most by every possible way,
Do the things you like,
Don't let fear make you pay.

Stay brave, stay strong,
For you will always have friends around,
Stay happy, stay safe,
Just let happiness save the day.

No matter how lonely you may feel, There are friends around, no big deal, Just give a ring and they'll be there, They'll always help you conquer your fear.

> Stay safe, Stay strong, Don't fear!!

> > Keosha Mittal (VII D)

#### **Being Grateful**

Today and every day, I am grateful to God. I am grateful to the police for risking their lives in crucial times. I am grateful to the doctors for taking care of patients. I am grateful to our army and the government for giving shelter to our labourers. I am grateful to every single person who is helping each other in such uncertain times.

Amen!

Annika Gupta VI C





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#### Nature's Work

It's the work of Nature, For all the Creatures. To save the Mother Earth, From all our Creations.

Stay inside your houses, With your own families. Let Nature heal itself, From this Pandemic.

Be it a Lockdown, Be it a pandemic. It's turned around, By Nature's sound.

Time will come, When everyone will meet. After this Pandemic, Will totally stand defeated

Be Happy. Be Relaxed. From my side, All The Best!!!!

Kananreet Kaur (IX A)

#### **HOPE**

Hope means desire, in your life, it takes you higher, It doesn't make you a liar, it makes you a flyer. Hope gives us everything, It makes you feel like a queen or a king, If you have hope, you can succeed in anything. Hope is what we need in tough times of Covid-19, Many people are in quarantine, But alas! For this deadly virus, there is still no vaccine.

We have to stay at home and wash our hands clean.

Do let the hope in your heart flow,

Even when the doors are closed.

There is always a silver lining after the dark,

Let us hope for the best and do everything up to the mark.



Manreet Kaur (VI A)



#### **Share the Earth**

Humans are destroying nature by killing animals, and chopping down trees. They are causing global warming. They are destroying the planet for their own benefit. Nature gave out a weapon called coronavirus and many have died of covid-19. This is a punishment. People are locked inside, but birds and animals are out and free. There are no vehicles on the road, so nature is clean. Animals have got their space now. So, it's a lesson for everyone- just slow down. The Earth belongs to all living beings, not just humans. Stay together and protect nature. Do not destroy nature or else nature will destroy you.

Arissa Ali (II A)



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#### Be happy with your environment......

We are in the lockdown because of coronavirus. So we need to stay at home. We are not allowed to go out, for our safety only. We must obey government rules. I am happy with my family at my home. I do many things like studying, dancing, drawing, etc. I am enjoying myself very much and having great fun. Due to coronavirus the economy of the world has faced great loss but on the other hand there is less pollution and the rivers have become clean and fresh. Nature is joyful and animals are also free from human danger. This is the positive impact of the lockdown as everything in nature is just so beautiful.

I really spend quality time with my family, but sometimes I also miss my school, friends and teachers. I want to go back to my school and play with my friends. We all should stay home and stay safe for the safety of ourselves and our loved ones. I am sure all my friends are having good family time.

Ranveer Singh (VI B)

#### Hi All!

I am Harshvir Singh of Class III B. When I was in grade one, I used to visit the ATL Lab during some periods. There, I found the Lego Robotics Kits. I also watched some senior students making wonderful robots and models using those robotics kits. Then, one day, my parents bought the 'Lego Wedo 2.0' kit. Since then I made many models with the kit. I enjoy making robotics models. During Lockdown, it has been really helpful for me to spend my time with this kit and learning new things. I have also learnt the programming language Scratch and created a game to Kill Coronavirus. In this game, you can use the Sanitizer to kill Coronavirus Germs. And as a surprise, our Hon'ble PM, Mr Modi appears randomly and kills all the Coronavirus germs on Screen. Here is the link to the Video (https://youtu.be/ 6Ji6B2TCfk). Do watch it!

Harshvir Singh (III B)



#### BAD MISSY CORONA FROM WUHAN

I lie upon my couch, searching for words and phrases. I grab a pen from my pouch, And outside the window I gaze.

This minute ball infecting all, Destroyed my plans all one by one. There go the movies, my friends and malls, Bad missy corona from Wuhan.

Many rules popping out, Stay inside, don't go out. Wash your hands, wear your masks, Seems like school again. Oh Blast!!

Don't mingle, be single, The prime minister says. Lockdown is till 3rd of May, But till then the books are not at rest!!

.... I picked up a pencil, scribbling loud, And I can't believe my eyes!! A beautiful face... I sketched out!!

Things unknown, were open now... My first cake bake.... yummy and wow!!

Bad missy corona where are my friends! Those six tough hours in school that I spent, But those I miss with all my heart, Just go away, let those old times once again start.

Baanee Siingh (VII D)

#### Creativity in the Lockdown

Lockdown - lockdown what should we do?

We watched mobile games and television too

We do art work and study too. But.... what is there anything left to do?

Come on guys let's be creative and spread our wings, Lockdown is here to help things!

Shriya Gupta (V B)



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#### Life in Lockdown: The Two Faces

Ever since the breakout of Coronavirus (COVID-19) Pandemic, our lives have been turned upside down. Schools, organisations, literally all businesses have taken a ginormous hit. The protocol of 'Social Distancing' has been put in place. Everybody has been requested to stay safe in their houses. So, let me present both the positive and negative aspects of my life during this aggravating time.

Let's start with the good aspects first. Ever since 23<sup>rd</sup> March, 2020, self-realisation and improvement was of the utmost importance. I took up new hobbies, worked on my pre-existing ones and tried to be a better person. Right before the announcement of the lockdown, I made some new friends who have now become really important to me as the time elapses. Please remember that there is no compulsion to absolutely make groundbreaking achievements in the lockdown. Take your time in perfecting your hobbies. I've begun learning Hangul, the Korean alphabetic system, due to my new obsession with the Korean Pop boy band, Bangtan Boys. I have also attempted at learning their choreographies but failing miserably.

Naturally, being confined to one place does take a toll on a person's mental state (just ask prisoners). The same has happened with me. I had been unable to sleep until just now. I've gotten better lately because of the support of some people. I've literally become a child, throwing temper tantrums to go out. But all this has been done for the greater good. So that we can finally go out and enjoy like we did, meet our friends like we used to. Go to school like we used to.

Optimism and positivity are the maxim right now. We have to keep our head high and believe that we are going to recover from us. We can't let our pessimistic thoughts (if any) affect our thinking. Practice all the safety guidelines advised to you and do not leave your houses unless it is essential. The whole world's in a turmoil right now and we need to at least try to go back to what we used to be Pre-Pandemic.

Uday Gupta (IX B)

#### Positive effects of Corona

Corona has given us a lot of benefits
It has given us a chance to stay fit
All we need to do is stay at home
We don't have a single minute to roam.

We can spend a lot of time with our family
We should spend this time very happily
Remember, you will miss this time one day
When you think you will be having a good day

I have finally got the chance to play those games One of them is to have a good aim Let's look at the positive side of everything Be a fighter, don't quit on anything.

Navvya Suryakant Saini (VIII B)

#### **Staying Positive**

The roads are empty, the crowd is too small, No trace of life outside, none at all. Nobody is going to school anymore, Nobody is even opening the door.

We should have some positivity in our mind, We should appreciate doctors who are working from day till night.

We have precious time to spend with our loved ones, This fight definitely we all will win.

We all will take an easy sleep, Till that you all think deep. You can hear birds again, Till that end I have a positive brain

Sukhnoor Kaur (VIII D)





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Dear Diary

Due to the Coronavirus pandemic everyone in my family and I have been staying at home. It is not as bad as I thought it would be. Staying home feels good. There is time to study, relax, play, learn new things and do so much more than routine life. Many of my friends have been saying that they have got bored or are feeling confined but it is not like that. This situation demands us to try living in a new lifestyle and that is why people all over the world are giving tips on how to make the most of this time.

I believe that by maintaining a regular routine you will actually start liking this time. It is also a time to search for new opportunities and work on being a better self. That is why I have been trying to do things that make me a better person. As it has been said that everything happens for a reason, the reason this time is that we people need a break from their daily hustle and bustle, spend quality time with family and more importantly with themselves.

I have also been liking the online classes that have been going on because I, being a person who spends a lot of time on my laptop, am actually using it for something meaningful and something that has a purpose. So what I exactly want to say is that we can actually use this time in amazing ways and have a little bit of spirit and motivation. The most important thing is that once these dark times will clear and we will have a new life to look forward to.

Good Night!

Mitanshpreet Kaur (VIII A)

#### Corona - Our Fear

Coronavirus has done such damage, That human beings are going to vanish.

Coronavirus helped nature to clean, revive itself, As human beings only thought of themselves.

Don't hug, don't shake hands, Say Hello or Namaste from as far as you can.

Coronavirus sticks to our hands, And doesn't leave us till we wash our hands.

Coronavirus has a thick layer of fat and protein, That is broken when we wash our hands for twenty seconds.

We are taking this virus lightly, So, it is controlling us politely. We are scared of this monster, It is roasting us as if we were lying in a toaster.

Kids are happy to have their parents at home, Like earlier, they left the kids at home alone.

The Government is asking us to stay inside, But we are concerned about how to go outside.

If you want to be safe, Stop meeting your friends in café.

Prabshirat Kaur (VIII B)

#### PANDEMIC PUZZLE

Coronavirus took over the world,

Faster than technology did.

This is not me talking about the worst,

Let that negative bubble in your minds burst.

Don't see it as a pandemic,

But nature's way of teaching us a lesson.

For, we have sinned...

Taken advantage of our privileges,

And blown everything into drainages.

We, humans, will learn our lessons,

We always do... it's a beautiful human confession.

We will learn our lesson.

And, everything will be back to being Elysian.

Till then, we must stay positive,

And, that... is my perspective.

Chhavi Gupta (X C)



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Hello Diary,

As the attacks of pandemic coronavirus are continuing like a devastating blaze and are in the limelight, it is getting tough to maintain being jubilant and carefree rather it is giving rise to oppressive times of concern and stress day by day. But, I believe in spreading positive vibes no matter how tough the times may be, and as the saying goes "Happiness can be found in the darkest of the times if only one remembers to turn on the light"~Albus Dumbledore.

Due to the rapid spread of this pandemic, we are in a lockdown situation since mid-March this year. I have been killing two birds with one stone by pacing up my home workout routine with amelioration of educative skills into the bargain. I also go active on Facebook to keep up the good work of encouraging people to do yoga as I consider it to be the divine art to attain joy and happiness. I consider it preposterous and repulsive to keep complaining about the quarantined situation, to think of other side, nature gave us numerous time to spend with our families and be intertwined to them.

It also has restricted us from our otherwise habit of finding an excuse to start a fight with people around us as now we keep to ourselves with the help of social distancing. Another key point of social distancing is that people have now learnt how to stand in a proper queue and maintain proper hygiene, which is an absolute essential even if it is not due to a pandemic spread. Life is queer and is meant to be so, there may be tougher times than today the world is facing and even better times than it has faced till now. At last, a salute to all the health care workers who have put their faiths in god and continue to save human lives as much as in their hands, which to my mind is no bed of roses. I would like to inspire the shrinking violets to come out of their beds to fight this war against coronavirus. Catch you later dairy...

Sanjog Kaur (VIII B)

#### **Hope in Crises**

When in the time of crisis, shines a thin dim light, adding up hope in ourselves is one thing right.

Pray to God and hope for the best, for yourself, the people and their health.

Never end your spirits, and the hope you light, even in the times of such an unforgettable, deadly global fight.

The whole world is closed, and reached a sudden stop, something different before new skills is the word to adopt.

Now the birds and animals are free, roaming and chirping carelessly, on wonderfully swaying trees.

Recognize your strengths, be financially smart. To be the winners we shall stay apart, and this is one thing sure to do our part.

Mannatvir Kaur (VII C)

#### Planet in Lockdown

People say Covid-19 doomed our planet. Quarantine, quarantine, quarantine people can't bear it But one needs to acknowledge That this baleful situation will soon be managed

Staying at home is now our schedule Taking risks is not cool Taking precautions is our responsibility Not following instructions is tomfoolery

Life will gradually come back to normal Coronavirus will end and nothing will be brutal Let's stay at home and fight this disease We must do social distancing and maintain our hygiene

Scientists are stumped creating vaccines
People not showing gratitude are quite mean
Salutations to people who are saving lives
Proud of them who, just to end this pandemic always
strive!

Navya Kamboj (VIII B)



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#### PLANET IN LOCKDOWN

As we all know the world is fighting with Coronavirus these days and we all are staying in lockdown, but this lockdown has also helped our Earth to recover from pollution. The no movement of public transport, people on the road, has decreased the level of carbon dioxide emission. During the normal routine, we were not able to see the clear sky during the night with full of stars but now we can see the clear sky full of stars. It's not just our air that is clearer, but the water quality has improved as well. In Venice, famous for its canals, waterways are benefiting from the lack of usual boat traffic brought on by thousands of visitors. In India, pictures of a cleaner river Ganga, as well as Varanasi, have appeared. Smog has given way to blue skies. Marine life is seeing increased activity, pollution levels have dropped, and animals, as well as birds, are moving out on their own to enjoy nature. COVID-19 has been an eye-opener. It has shown people how mother Earth can bounce back to life if humans allow for it.

Ridhima Nanda (VIII

#### WE ARE HERE TO FIGHT CORONA VIRUS

Stay Home, Stay Safe,

Wash your hands regularly and don't touch your face, We can win the battle against coronavirus.

We should thank doctors, policemen, and sweepers, For they are risking their lives to protect and save us, Help them, respect them and give them rewards, We can win the battle against coronavirus.

We should not touch anyone, We should not spit in the open, We should take care of everyone, We can win the battle against coronavirus.

Armaan Bajaj (II A)

### The music industry is being drastically affected by the coronavirus, that is as long as the artists survive.

COVID-19: The new Godzilla that haunts us all. Curse the person who tried to eat a bat in Wuhan. This lockdown seems to be everincreasing, doesn't it? Due to this COVID-19, our daily tasks have certainly been impacted, and so have been the rest of the world. A global pandemic is such that it disrupts every industry out there, and the music industry is no different. The music and performance industry is so intensely linked with large audiences and live experiences so that when the seriousness of the outbreak became evident, the artists just had to pack their bags and resort to isolation; there just wasn't any other option. Nevertheless, artists are trying very hard to keep their fans entertained while still in quarantine.

Content Inspiration- Music is often born amid crisis, so coronavirus could be like a muse for many songwriters. For the sake of popularity and performance singers/rappers like Tyga, DaBaby, Machine Gun Kelly, Ariana Grande and many more have released music that centres around this tense situation. The perfect combination of relatable lyrics and a fascinating video helps these artists reach the top of the charts. If songs can be written on World War II and the bubonic plague, they can be written on the coronavirus too.

Video streaming booms amidst changing habits- Lockdown has seen opera singers belt out shows from their balconies and families recreate entire musicals in their living rooms. The rest of the music population has turned to video conferencing apps, such as Zoom, Skype and Google Hangouts. A good music software combined with a decent internet means the home studio can be as good as a professional one. Long gone are the days when producers needed huge investments to set up a recording studio. This quarantine has proved that so much can be done with a very basic and relatively cheap set-up.

Live Events- The concerts, live music, concerts, festivals and large gatherings were postponed and cancelled due to coronavirus. Huge international festivals like the Los Angles based Coachella and many artists' mega world tours have been cancelled to avoid a large gathering of people. The artists have had to think of creative ways to interact with their fans. Now they can either be lazy or make money! Take American musician Swae Lee for instance, who decided to host his concert from the confines of his studio on Instagram Live and make a vast amount of money from his business profile. The concert received a lot of positive reactions on social media and was a huge success.

The artists' dedication and love for their fans prove that, even in the most trying of circumstances, the music will play on.



~Seerat Gill (X D)



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#### **Dear Sunshine**

The way you beam through my blinds in the morning. It makes me feel like you had been missing me. Making me want to come out and frolic with you, But I have to stay home instead.

Are you asking me to come out and play? Come out to you and forever stay? Sitting up I look around, The roads are empty and blue. It's a secret, but I feel like that nowadays too.

If it wasn't for you, I could sleep forever.
But I am not mad.
Because, even in this tough time, you remind me that the world will never stay sad.

Wanasiri Bhatti (IX A)

#### **An Optimistic Mindset**

An unexplored journey of this pandemic, Has turned my life into a paradise. It taught me to cook, to grill and to bake. Whether it is a tart or a cake.

To sparkle some hope in these difficult times, Is a cause of optimism in my life.

A month full of clean air, no pollution from any petrol car,

Has made the winds so fresh, feels like a soothing tone of a guitar.

It has taught me to be motivated and have the dedication,

Be positive in life, thus I say in reverberation!

Panini Arora (IX B)



#### MEMORY ALWAYS STAY WITH A PERSON



A family called Poleauto lived in the UK, London had five members. The father's name was Peter; mother, Siario; their children; Minaira, James and Jude. One day James was invited to his friend's home to meet him. His name was John. They both had a good conversation. James went back to his home after two hours.

Siario said "Oh! James, Jude and Minaira I forgot to tell you that we are invited to a marriage the next day." There came the day to attend the marriage. Now it was almost time to leave for the marriage. They all left and within the next forty minutes, they reached the venue. They all went inside, everyone was eating ice cream. James said, "Look, it's John!" John came near James and asked: "Who are you?" "I am your best friend James'!" James replied.

One day before when James left his home a Devil caught him and gave him a brainwash by a complex machine. The Devil also gave him some powers. He wanted to spread a virus which could kill the person. The symptoms were shortness of breath, high fever, chills, a headache, and a wet cough. After it will spread into the world. John hit James with a laser coming out of his palm. Then the Devil came and said, "I have given him a brainwash." And he set the curtains on fire. Then all the people began to run including James and his family.

Then suddenly God appeared in front of James. James was shocked and he joined his hands. God requested James to protect the world and told James all about the Devil's plan. He replied, "How can I save this world? I have no powers and this world is so big." Don't worry about powers. I will provide you with all that. But just tell me would you do it?" James said, "I will try my best." God told him to fight against John and finish the impact of the brainwash. God disappeared. James told what happened in the past few minutes and

then John went with the Devil.

After they reached home Jude asked, "Should we call James a superhero? "No! God gave me the power to save this world not to show off." said James with respect. "Ok," Jude replied. On the fifteenth day, they were to open the virus capsule in the castle. As they were to open James snatched and jumped to the next window. "Where does the capsule go?" asked the Devil. "It's here," James said. "Go and bring back the virus," the Devil said to John. John attacked. James jumped from window to window. He immediately stopped at a window and attacked. John fell. Then the Devil attacked and the capsule broke and the Devil laughed loudly. Two days later, the 1st case got reported. The virus seemed to be very dangerous. Within two weeks, one hundred twenty-eight cases got reported. James went to find the anti-virus in the castle. No one was around. James began to look for the anti-virus. Suddenly the Devil appeared and asked, "Who are you?" James turned and Devil exclaimed, "Oh! So you are James." James attacked him using his laser with full power. "Go John and tell him what's the punishment for hitting me," the Devil said. John went and held a chair and threw over James. James somehow saved himself. "Go away. But I shall not spare you the next time.," said the Devil. James returned home. After five days there were a total of six thousand four hundred thirtyfour cases. Eight hundred twenty cases had recovered. The government of UK decided to go in for a lockdown.

James went to the virus hospital. As he was about to enter the hospital, he saw John ready for a fight with him. He jumped and attacked James. James got an idea! He began to run towards the operation theatre. John followed James to the OT. John attacked with



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the laser James also did the same. Their lasers met, and James said emotionally, "Realise your memory, John! We are friends. Do you see how these people are dying?" John became unconscious and got his memory back. "Hi James, I made a big mistake! But now we shall save the world together. You must be knowing where the antivirus is kept," asked James. "Yes I do know," John said. "So let's go," James said.

They both went to the castle. The Devil wasn't there. They drag the cupboard and enter the code, The door opened. The Devil came and

asked, "What are you doing? Ah! I think your memory came back." James immediately broke anti-virus bottle, it was in gaseous form. The Devil said in anger, "Ah! You ruined my whole plan." While saying this he attacked with the laser on James. John saved James, and together they attacked the Devil. The Devil disappeared and there was a huge ball of smoke in the air.. God appeared in front of them and said,

"MEMORY ALWAYS STAYS WITH A PERSON".

Aarush Gupta V B

#### Dear Diary,

I have been locked down in my apartment since Wednesday, March 11. I am living with my family in my society... We are finally getting up early, eating a healthy breakfast and exercising every day. Most importantly, the excuse "I don't have time" has expired.

I have time to read all those books I had bought and never opened, watch all the movies on my list just to while off the time. I am washing my hands quite often so I would say I may be cleaning myself more than a cat...

The online classes are something really new and exciting for us.

At my home, talking to my friends through a screen and microphone really makes me love going back to school.

Our lives have changed quite a lot but during this lockdown I am trying to make the most out of it and exploring my hidden talents. I hope this lockdown ends soon and our life goes back to normal and we can go back on our tracks of life.. #STAYHOME #STAYSAFE

Good night Diary! Shaurya Jain VIII A



Hope is like the silver light Behind the clouds of doubt Hope is like a sunshine that appears in the darkness of clouds.

Hope may offer a beggar a new life or without it, a rich man may cut his nerves with a knife.

Who says that a man without hope is like a burnt paper?
My friend think twice because Hope has turned all the tables.
Hope is the way, it is the

#### Hope

solution and soon you will find the conclusion

Hope is not like a time that comes back never But like our mothers, it will help us forever.

Don't believe in superstition Board the train of hope from the nearby station.

Parisha Chawla (VIII C)



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#### Planet in Lockdown

The Economic Times: Our planet is detoxing as humans stay in lockdown.

The coronavirus has helped Earth with clean air and water, among other benefits. Being indoors has made us realize that it is just as great as the great outdoors are. And perhaps, how we should be a little kinder to our home planet. Here is how the planet in lockdown during the coronavirus is helping our planet to heal.

Lower carbon emissions

First, we saw it from space and now we can see it around us—the air is cleaner. Even in India, which falls in the top 5 countries of high carbon emissions, has seen a drastic drop in its levels. Rob Jackson, a professor of Earth system science at Stanford University was quoted saying that carbon output could fall by more than 5% this year - the first dip since a 1.4% reduction after the 2008 financial crisis.

Air control

Not only is the air cleaner, but it's also quieter too. The lack of public transport, people on the road and the rush hour commute means that our ears aren't getting better, we are just hearing a lot more. From the rustling of leaves to the chirping of birds, decibel levels have dropped.

Cleaner water

It's not just our airways that are clearer, the water quality has improved as well. In Venice, famous for its canals, waterways are

benefiting from the lack of usual boat traffic brought on by thousands of visitors. In India too, pictures of a cleaner river Ganga, as well as Varanasi, have appeared.

Wildlife takeover

From the otters in Singapore, to the goats in Wales, and deer in Japan, to the orcas in North America, while we may have lockdown restrictions, wildlife has been using this lack of human spreading to venture out of their territories. It's showing us just how much the natural world can thrive if we just gave it a little space.

Less excess

Needed something? Log on, order it and have it delivered at the doorstep. But, the lockdown is making us rethink just what we need. Our shopping is mostly limited to essentials, and it is making people realize the excesses in their lives. From limiting excessive packaging materials to curbing impulsive shopping, we are all living a little more green.

So if the planet is in a lockdown, humans must realize that this lockdown should be taken as an opportunity to learn about kindness, nature's importance and life.

Shreyas Jerath (V C)

#### **Hope Shall Never Die**



It all started in Wuhan That is a city in China, There are many theories About the start of this phenomenon

The virus spread around the world In a matter of days, Leaving its imprints In so many ways

A cough or sneeze Spread the virus around, And when it landed on a fit person The symptoms of COVID were found

People got terrified When announcement was made, About the lockdown for their own good So in their homes everyone stayed

If we don't want to get infected

We should stay in our home, Do something inside And not unnecessarily roam

Prevention is better than cure they say Practise social distancing, just stay away, Personal hygiene and boosting the immunity Use Cova-App to help the community

The experts and scientists are working day and night Soon the vaccine will be out, Then we would be able to move around And will no longer have to sit on the couch

Very soon will come a day When things will turn around Come on, cheer up, let's pray That a cure is soon found!

Shravya Chhabra VI-B



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#### Oh Covid - 19

Oh, Covid – 19!! See what you have done, In the fast and lively life of all daughters and sons,

Your news came on December 19 and we wondered, How can a virus become so life dangered, You started spreading your wings in the whole world, And you became the starting and ending of all words!!

You gave us the much-needed break, But you also made many dreams break, The dreams of birthday cakes and parties, The dreams of meeting friends in new classes.

You helped us understand the importance of life, How a close-knit family stands by each other's side. You made my mom a wonder chef, With so many delicacies coming on the kitchen shelf.

12 hours of work was taking dad's time away, You helped my dad with a good 24 hours stay. With everyone at home, the meals become delicious, I got to know that dad actually is a help genius. Everyone takes interest in home chores, From cooking to washing to gardening nobody gets bored. With online classes going on, we don't miss life, The same fun and friends chatting going online.

To helped Mother Nature to revive, With no industry polluting water, air and soil. The summer temperature is not so hot, But now it's high time to bother us not.

We want to bounce back to our earlier life, With playgrounds, school, markets again alive.

Sukhleen Kaur VIII D

#### **Copious time**

What a fulfill life, free fare, Now comes the time to care.

Now comes the time to hear the birds, And express our words.

Now comes the time to stare at the nature, And stand above the legislature.

Now comes the time to catch a falling star, And not travel in a car.

Now comes the time to take a resolution, And say no to pollution.

Now comes the time to live life online, And talk to all, are they all fine.

Now comes the time to learn moral things, And say no to the bad clings.

Now comes the time to stay safe at home, And not roam.

Now comes the time which our future generations will ask and doubt,

And also, what a fulfilling life you had about.

This is our copious time which is moving like a trot, Don't waste it as you are lucky a lot, That you have got......

Prabhasees Singh (VIII D)

#### **COVID-19 LOCKDOWN**

As we all know that due to the spread of coronavirus pandemic we all are in the lockdown in our homes. But there are people who are going to work for our safety and we call them as corona warriors including all the doctors, medical staff, media people, police, shopkeepers, etc. My father is also a doctor and he always goes to work every day. When he comes back from work, then he goes to a separate room and we cannot meet each other properly. I always miss my dad during the day as I also want to enjoy and spend time with him. But I am not sad. Instead of that I'm proud of my dad that in this situation also he's doing his job honestly and serving the nation. We should thank our corona warriors as they are taking risks on their lives for the safety of people. I do a lot of activities in my home like doing yoga, reading, playing and studying.

But, I sometimes miss my school, friends and teachers a lot and I want to go back to my school happily. This pandemic has taught us many things and has also given us many opportunities to build ourselves more strong and healthy. We can do a lot of activities at home such as cooking new dishes, playing cards, watching movies, listening to stories, talking and spending time with our elders, etc. Due to this lockdown, nature is very happy because of less pollution and other unhealthy human activities. We can inhale fresh air nowadays and also see the clean and blue sky. So I think that we should not worry about this pandemic but should rather be happy that we are safe in our homes.

Lastly, I want to pay tribute to all our corona warriors who are doing their jobs for the people and I wish that God gives them more power to fight with this pandemic......

Simranjit Kaur (X A)



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#### This is the Corona Katha

Corona is a virus jiske bare mein sabko hai pata. To us, this virus is very new, Please maintain social distancing and stand in a queue. From the animal market of china, this virus came, For which china is to be blamed.

This virus was first showing its power in Wuhan, And everyone was saying hey bhagwan! People, you follow quarantine, Or corona will say, 'you are mine!!!' Cases are increasing day by day, Wait, corona you have to leave us someday.

Lockdown is in motion to save us,
The government is saying let's discuss.
An app is launched named aarogya setu,
It tells corona positives near you.
We all should compromise.
And don't forget to daily exercise.

My name is Coronavirus

I am giving you advice,

Don't eat fried items like fritters and french fries
To prevent this virus keep your surroundings clean,
Whether you are a child, adult or a teen.
Touching your face with dirty hands can spread corona,
That is why hathon ko achhe se dhona
Earlier this proverb was correct 'sharing is caring',
But now it is changed to 'sharing is daring'.

Online learning is a very good way, As learning should be done everyday Children are missing friends and school, But don't take silly decision of going out like a fool. The most important step is disinfection, If you have to go out remember all the precautions.

Corona warriors are fighting with the virus outside, We citizens are safe inside.

Let us be kinder to one another,

Vaccine, now the scientists should discover.

Aarav Jain (VII B)

#### **CORONA VIRUS**

Corona Virus you better be scared

Because we are prepared

Corona Virus we are wearing masks

And completing our tasks

We are washing our hands six times a day

To finish your deadly ray

We are wearing gloves

To save ourselves and the ones we love

We have emptied the stores of sanitizers

And are now master chefs in appetizers

We are humans a virus won't stop us

Now go away and stop this fuss

Soon there will be a vaccine

And traces of you shall never be seen

Corona Virus you better be scared

Because we are prepared

Tavleen Badwal (V



I salute our Prime minister, Flashing path to the chief and state minister, I salute all service providers, For their commendable endeavours, I salute..I salute. I salute.

I salute all fearless fighters, Despite the fact of knowing the corollary, Busy in protecting their country, I salute..I salute..I salute.

I salute the stupendous men on duty, Doctor,pharmacists,paramedics, Forgetting all about their self-pity, I salute..I salute..I salute.

Men's old karmas are leading to nature's fury, One way to escape is, To supplicate and cooperate, I salute..I salute..I salute.

Trijal Goel (IX A)



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#### Hope

We are so relieved When you are near us To take care of us..... When we need you You do everything To make the pain go away Chorus... You can't resist to help us In everything possible ..... We love you the most we've never said that But we will one day One day

One day

We are so glad that you help us In everything thing that matter to us You have always

Given selfless love

To us

Chorus .....

You can't resist to help us in everything that matter

We love you the most we've never said that

But we will one day

One day

One day

One day

#### POSITIVE IMPACT OF LOCKDOWN

As COVID- 19 pandemic occurred, our honorable Prime Minister declared a nationwide lockdown from 22<sup>nd</sup> March all over the country.

As both my parents are working, we hardly used to get any time to spend together. Due to the ongoing lockdown, we are spending quality time with each other. No television, no gadgets, no social media, only and only my family. I have started playing indoor games like ludo, carom, Uno, business games which were locked in my cupboard since ages.

The major change I have witnessed in this lockdown period is that I have started giving time to myself and started meditating which not only broadens my intellect, soothes me but also triggers my creativity. I was amazed that I made such beautiful art pieces in my free time. Because of my busy schedule, due to my studies and tuitions, I hardly could give any time to help my mother in the household chores. Now I have started baking, cooking and I can also prepare my breakfast all by myself. I have also donated a little from my savings to the poor families.

As both my parents are doctors are doctors and my sister too is a medical student, due to their hectic schedule, I didn't like that profession much, but this pandemic has made me realize that this profession is very important, how they sacrifice their safety and their families' happiness for the sake of the society. I salute the frontline warriors - doctors, policemen, vendors, sweepers, and drivers.

As a conclusion I would like to say that each coin has two sides, so does this pandemic and the lockdown. It has however led many to face economic crises but for me it has proved beneficial as I got to know the importance of a healthy life and the sacrifices of my family.

Navneet Kaur (IX D)

#### Lockdown and I

"Arrrgghhhh...this quarantine will kill me." I murmured, as I stumbled across my living room in my pyjamas during the afternoon. Yes, it was noon and I just woke up. This lockdown had messed up my sleeping schedule. I quickly showered, I glanced in the mirror to see my brown hair in a hairdo not yet identified and my pale almost albino face dripping with water I had just splashed. My cheeks were pink as the water was ice cold. My grey eyes were stormy this morning and I had dark circles under my eyes due to staying up all night to give my readers a chapter in the latest story I was writing under the name Cherry Light. I smiled at my reflection and was getting ready for my class which started in wait...5 MINUTES? "This is super wrong", I mentally cried as I tried to multi task. I grabbed my laptop and ran towards my bedroom to see...A Mess. "Nope, Not here." I was screaming my head off by now, inside it of course. I settled onto my dining table and quickly opened my macbook.

"Ok kids it's 3:15. I guess all the students are here so let's begin." Only when I heard my teacher's voice through the video call, did I breathe. Then on a side window I opened Instagram and went to DM (Direct Message) my best friend Violet while also doodling in my notebook. I had already done this chapter yesterday so I only responded to answer questions. By the time my classes ended, I had been into many worlds created by me. My phone chimed alerting me of a new notification. It was Violet. Her message read:

So Dawn, how many daydreams did you have? What happened? Did you write the next chapter of 'Midnight'? Oh my gosh I can't wait to illustrate it. Wait, you texted me during the class which means you did the chapter we are doing in class already? Uggggh...girl, have a bit of patience. Actually never mind tell me about the latest chapter you are writing!

And she was still typing. Typical of Violet. I sighed then smiled and went to answer all her questions. In between my regular 5 pm alarm rang. I quickly said bye to Violet and I called my family. Nobody picked up my call. I called everyone, my mom, my dad, my brothers. Not a single person picked up. I tried not to overthink everything as usual but by the next ten minutes I was pacing around the room often crashing in something or the other. My restlessness was evident. "What could be wrong? Did something go wrong? Did anyone get COVID 19? Will I lose the people I care about the most? Why did I even think about coming to New York in the first place? Whyyyyyy?" I threw my face into my palms when with a comical timing, a cheery voice answered "Ummmmmm? I don't know?" I squeaked and immediately switched into Hindi out of habit. The speaker was my neighbour. She lived across, but the buildings were



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so close that we would easily hear each other. "Hi ", she tried again but this time with less confidence. I did the only thing I could do. Reply a "Hi." She smiled showing her perfectly set teeth while her untidy bronze hair flew around her tanned face. Her bright green eyes showed that she smiled a lot. She was the person who you liked immediately in school. The one from the sunny place. "So...you wanna talk about it?" Her voice was a soothing balm to my hectic and panicked mind. She was like that person who helped someone no matter what. My word flew out of my mouth before I knew it.

"I don't know what happened. My family isn't taking up any calls. They live in London but we are Indians. I called all of them several times and now I am in a panic mode. I came here to study medical science and---" she cut me off by saying "Jeez girl! Calm down. It's all ok. Now breathe.. in.. and...out." she smiled again when I did as she told me and continued "Ok first thing is introduction. I am Emma and I work for Google as a programmer. "Wowwww her life is set. Emma is just...amazing. I was visualizing her as a character when her voice brought me back. "Hello? Ms. Meltdown? Earth to Ms. Meltdown." I smiled guiltily and answered "Oops. Sorry but I am a big day dreamer and I zone out a lot. Anyway my name is Dawn and I am a proud Indian who is studying Medical Science at NYSI (New York Science Institution) [Imaginary]" and for the next few minutes we talked about NY city. "I don't think I can survive anymore. This quarantine is making me mad. I was supposed to go to India during the holidays but couldn't." I felt fed up with 'Stay Home, Stay Safe'. She laughed a low melodious laugh and said "Well, to be true, I think it would have been more fun to be with our families but COVID 19 has repaired the environmental issues we had. Frankly I think it's like a medicine, Mother Earth has popped to make her health better. I mean look even the ozone layer is patching

up. It's best to make sure that Earth gets cleaner. " Of course I did agree with her "but then again the economical status..." she continued her educational lecture " I don't know how you kill time except our social apps but I suggest you take up new hobbies or try something you never had . For instance I am now pretty good at making cakes. They turn out really yummy."Ahhh...the thing I missed the most...Food and the thought of a cake made my mouth water." A cake? Oh my God! I have to taste it!!" I cried with enthusiasm.

"Next time I make one I will surely send it across but in return you've got to teach me Hindi."

"Hindi? Why do you want to learn Hindi?"

"I visited India some time back and I think I will go again and this time I want to converse with the locals in their native language."

I was about to agree with her when my ringtone interrupted me. "Wait it's my mom." I was so happy that I could scream. Emma had diverged my attention so that I could calm down. "Hi Mumma! Why didn't you pick my call?" I said as I moved to sit on the chair while from Emma's house a voice called her. "EMERALD!!!" to which she answered "Coming Camie.." then with a fleeting glance at me and quiet words of farewell she scampered back to the room while I talked on my phone. This led to our regular chatter during quarantine which cured every boredom I had.

Armaanjot Kaur (IX A)

#### **Mother Nature**

With the beautiful plains,

And the mighty mountains;

The delicate flower petals,

And the fresh dew;

On the vast plains or deep inside the oceans;

Mother Nature smiles and makes everything beautiful!

The peace surrounding the oceans,

The chirpy birds flying merrily in the air;

Look Mother Nature seems so delighted!

But the garbage surrounding the beaches,

The sight of machines razing down mountains;

Makes the delighted Mother Nature turn ferocious!

The travelers roving around,

Looking for the delighted Mother Nature,

Gradually, turn peaceful, patient and strong!

Mother Nature nurtures us and

Has forgiven many of our follies;

And now as we are developed and advanced,

We act superior to her,

Taking most of her blessings as forever granted!

As the sources are limited and the people are many,

Let's save Mother Nature and

Keep her happy!!

Paakhii (IX B)

#### The Dream of a Girl

A girl's dream, what could it be? Riding the sky or exploring the sea. This or that, whatever it may be, Open the cage and let her be free.

Let her spread her wings and fly up high, Near the mountains with the breeze, up in the sky; Wipe her tears, whenever she may cry, Whenever she is sad, sing her a lullaby.

A girl's dream, what could it be? To color her life with hues so bright, Or to fight for the right with all her might, Or to go to every place, in sight.

A girl's dream, what could it be? Maybe just a smile from you, And your feelings that are true; That wish and strength can be carried through, In the heart of a girl beyond that sky blue!!

Seerat Kaur Sidhu (IX D)



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#### **HOPE**

Hope never let it die,
Hope, आशा, उम्मीद यही वे शब्द है जो निराशा में भी आशा
की किरण उत्त्पन करती है
Hope! Never let it die,
Hope is the power through which we can get together
and fight for right,
It develops patience in a patient,
Folks be wise, don't be impatient,
For a labourer, it is a quiet moment of rest,
For an ambitious student, it is to top in the test,
So let's pray and hope for the best
So let's pray and hope for the best
क्योंकि,जीवन सुख-दुःख का ताना-बाना,
दुखों को व्यर्थ समझ यूँ मत झुंझलाना,
इन्हें हराकर ही है विजय पताका फैहराना।

Kamya Sharma (VII A)

#### **I MISS**

I miss those days with so much fun, when we could freely run, when we could make our choice, And speak up to our voice.

When we had work all around, then we would always frown, but now miss that homework and that work all around.

Playing and jumping was so much fun, miss those playgrounds and that fun, History class was way too boring, but Maths always cheered me up.

I miss those school days, and cherish those moments, when we were all together and had so much fun!!

Kannan Kaur (VIII D)

#### Mental Health during Lockdown Stigma

What is mental health? Mental Health is the level of psychological well being or an absence of mental illness. It is as important as a person's physical well being. As we all know that the whole world is going through dark and difficult times right now. We are in a situation of Lockdown because of the spread of a deadly virus called COVID-19. This virus has impacted our lives in an extreme way. Many people have been left jobless due to shutting down of many businesses, a lot of people are a victim of this virus and many have sadly even died. Not ignoring an important part of people's overall wellbeing i.e. mental health, it is also being affected during this pandemic.

Studies show that after the cooling down of this situation, the next biggest challenge for the world to face would be to cure the mental health of the people stuck in isolation. Now, the question is that how a mental health is being affected? The answer is quarantine. The effects of quarantine are quite severe i.e. insomnia, mood swings, stress, and irritability to name a few. Also, people stuck in certain places and people living alone, away from their family have commonly been experiencing depression. It is primarily because people are working from home and there is no fixed routine that they follow. Another effect is that people who had been going for therapies before the pandemic have also been adversely affected for not being able to go now due to lockdown.

Not to forget our helpers and lifelines- the doctors and the nurses are one of the worst affected by this situation. They have been under

constant pressure and stress because of the situation in the various hospitals right now. So, we must do something to improve our mental health during lockdown.

- 1) First of all, one should always stay informed, with the intention to only accept information from reliable sources such as the WHO and the Ministry of Health and Family Welfare.
- 2) Most important is to limit media exposure. Read the news rather than watch it. Mute or unfollow accounts that post-frequently about COVID-19 and evoke anxiety or panic or stress in the person.
- 3) Another way is to keep one's self busy in activities such as journaling, deep breathing, staying connected with friends and family, meditating, online therapies, eating nutritious meals, etc.
- 4) It is very important to establish a routine and follow it strictly as it helps in staying productive.
- 5) Start a new hobby. It is lockdown and it is the perfect time to pursue something new and experiment with our abilities.

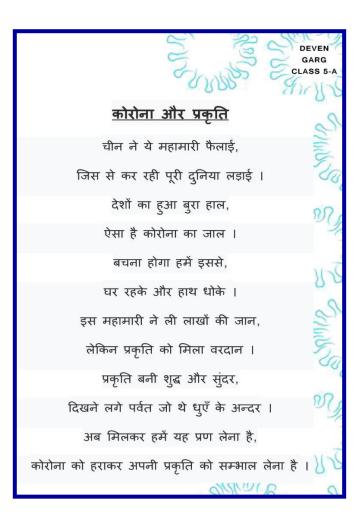
And lastly, we should remember why we are doing this, because it will make us more committed to the cause and help in coping up with the mental stress.

Chhavi Chopra (XII)





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I'm everything because of my mother.
Your unconditional love means a lot to me.
Your teachings and love made me confident
In the entire world, no one can take your place.
You are the wisest person I've ever known
I love you the most and your love means everything to me
I will never forget your love even when I will not be with
you.

Shauryavaan Awasthi (VII A)

#### **Back to School Soon**

Last day of school and little did we then know, So hard would it be to get back in to the flow.

Birds are free and humans are caged, With our not so good deeds, the nature is raged.

Pandemics, quakes and animals being killed, And then we claim that our countries are skilled.

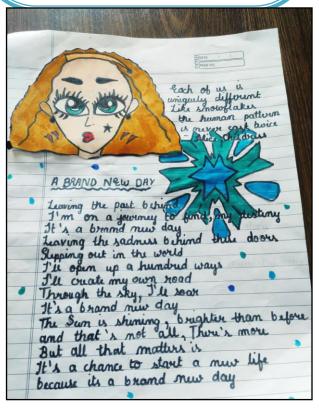
Love got a miss, anger took a leap, We are all sitting on bad deeds' heap.

It's time to learn the values of love and care, I wish I get back to school and get my learning share.

I can see my friends online and on phone, But I want to be a free bird that doesn't just sit home.

I wish the world heals soon and people get better, Because health, love and friendships are all that matter.

Aarvan Sharma (III D)



Karman Kaur (VI B)



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#### **Speech on Covid-19**

Hello friends! I am going to talk about that minutest thing which has put all of us under lockdown. Did you ever imagine that one day we will be seeing each other through a video conference? Well, the culprit is a virus which all of us know as Coronavirus or Covid-19.

Now, what is a virus? A virus is a sub- microscopic infectious agent that multiplies only inside the living cells of an organism. Viruses can infect all types of life forms. They are found in almost every ecosystem. They cause diseases ranging from a mild cold to serious conditions like Covid-19.Covid -19 spreads through droplets of saliva or discharge from the nose when an infected person coughs or sneezes.

Now what happens when someone gets Coronavirus? The infected person will experience mild to moderate respiratory illness like difficulty in breathing, heaviness in chest, coughing ,fever, cold ,pain etc. People whose immunity is low can catch Covid 19 more easily. So, friends don't eat junk food!

Now the question is how to dodge this Virus? The best way is to protect yourself and others by washing your hands frequently and not touching anywhere on your face. You need to wear a mask too in public. I suggest not to sneeze or cough openly or you will get a lot of stares from the people around. How curious I am to meet my friends but I do not know when it will come true.

Many scientists, virologists and microbiologists are working hard to get Corona's vaccine. Social distancing is the new mantra.

Right now in India we have more than 1lakh 58 thousand cases and around 4500 people have died. This virus came from Wuhan city in China. Some say it originated from bats, some say that it came from Pangolins and some say that it is a man made bio weapon created in Wuhan's lab.

The truth is that this virus has shown us that humankind can be conquered easily. Human beings are not above mother Earth. The lockdown has inspired all of us to understand what is **actually** important in life. The Earth is just a speck of dust in the whole universe and a microspec has turned our lives up and down. This virus is here to teach us a lesson!

Armaan Maheshwary (VI A)

#### लाकडाउन

लॉकडाउन में हाल हुआ वेहाल मेरा दोस्तों से मिल नहीं पा रहा खेल नहीं पा रहा अव तो आती है स्कूल की याद मुझे जव-जव वो दोस्तों के साथ रूठना और मनाना जाने फिर कव हम साथ में होंगे जाने फिर कव हम गले मिलेंगे लॉकडाउन में हाल हुआ वेहाल मेरा

याद है वो दिन जव मेरा पहला दिन था याद है वो दिन जव उनसे पहली वार मिला था याद है वो दिन जव लर्निंग पाथ में प्रवेश लिया था हर वो चीज़ याद है मुझको वो टीचर का डाँटना फिर प्यार करना लॉकडाउन में सव कुछ मुझे याद आ रहा लॉकडाउन में सव कुछ मुझे याद आ रहा लॉकडाउन में सव कुछ मुझे याद आ रहा

> आदित्य मिश्रा कक्षा-पाँचवी वी

#### कविता (कोरोना वायरस)

ख्वाव तो रूठे हैं मगर,
उम्मीदें और हौंसले तो ज़िन्दा रहेंगे
सुन ले ओ कोरोना
हम भारतीय वे लोग हैं
जो तुझ जैसे वायरस को
शर्मिन्दा करेंगे।
घर में रहकर हम करेंगे मुश्किलें आसान
और जड़ से मिटा डालेंगे तुझे कोरोना शैतान
तेरे होने से नहीं है,
मेरी उम्मीदें नाराज़
तुझ से जीत कर करेंगे,
एक सुखद जीवन का आगाज़।

नाम-अरनव पीयूष मेहता कक्षा- 3 व



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कुछ पल अपनों के साथ

करोना है सबसे खतरनाक बच कर रहना आप इससे छुड़ाना है हमको साथ।

सावधानियों से अपना करो बचाव । लगाओ मास्क और धोऐं बार- बार हाथ । तभी लड़ पाएँगे हम सब करोना के साथ ।

घर से बाहर न निकलो आप घर में बैठो परिवार के साथ सब की सुरक्षा में रखो हाथ।

मुश्किल समय है हँस के निकालो देश पर आया संकट टालो।

> By: Karanveer Dhiman Class- II-B

#### ਕਾਸ਼ ਇਹ ਮਨੁੱਖ ਸੁਧਰ ਜਾਵੇਂ

ਮੈਂ ਕਬੂਤਰ ਉਸ ਖੁੱਲੇ ਅਸਮਾਨ ਦਾ , ਪੰਖ ਫੈਲਾਈ ਮੈਂ ਉਸ ਅਸਮਾਨ 'ਚ ਉਡਦਾ॥ ਖੁਸ਼ ਹਾਂ ਆਪਣੀ ਜਿੰਦਗੀ ਤੋਂ , ਭਾਵੇਂ ਰੋਜ ਇਨਸਾਨ ਦੇ ਬੁਰੇ ਕਰਮ ਜਰਦਾ॥

ਮੈਂ ਜਦ ਵੀ ਝਪਕ ਮਾਰਾ ਥੱਲੇ , ਮੈਨੂ ਵਿਖਦਾ ਕੋਈ ਨਾ ਕੋਈ ਝਗੜਦਾ , ਜਦ ਜਿੱਤ ਜਾ**ਏ** ਲਾ**ੜਾਈ**ਆਂ ਚੋਂ, ਇਨ੍ਹਾਂ ਲਈ ਹੁੰਦਾ ਮੌਕਾ ਫ਼**ਖ**ਰ ਦਾ॥

ਕਾਸ਼ ਇਹ ਪਾਪੀ ਮਨੁੱਖ ਸੁਧਰ ਜਾਵੇ , ਆਪਣੇ ਮਾੜਿਆ ਕਰਮਾ ਨੂੰ ਫਿਰ ਕਰਨ ਤੋਂ , ਇਹ ਮਨੁੱਖ ਆਪ ਹੀ ਮੁਕਰ ਜਾਵੇ , ਕਾਸ਼ ਇਸ ਮਨੁੱਖ ਦਾ ਹਰ ਇਕ ਵਿਛੜਿਆ ਰਿਸ਼ਤਾ ,

ਫਿਰ ਤੋਂ ਮਿਲ ਜਾਵੇ ,ਕਾਸ਼ ਇਸ ਮਨੁੱਖ ਨੂੰ ਸਮਝ ਆਵੇ, ਕਾਸ਼ ਇਹ ਮਨੁੱਖ ਸੁਧਰ ਜਾਵੇ॥

--ਕਬੀਰ ਨੰਦਾ



#### Welcome to Lockdown 5.0:

I am your AI (Artificial Intelligent) reporter robot, CRISPR (pronounced as kri·spuh) named after a family of DNA sequences found in the genomes of prokaryotic (a unicellular organism that lacks a membrane-bound nucleus) organisms such as bacteria; it plays an important role in this pandemic by easing the time-consuming process of COVID-19 detection. Too much information! Sorry, it's my habit. However, my name is likely to be changed as per my master's wish.

Let's see what my master has to say: <Message>

How are you all doing? I hope everyone is keeping themselves quarantined in this pandemic. I am sure most of you guys are dreading to meet your friends and wishing to go back to school; those good old days! No worries, I have #Top 5 Picks for you all to kill this boredom, yay!

1. #TinkeringNeverStops: Being one of the finalists of IRIS (Initiative for Research and Innovation in Science) has allowed me to be a part of Virtual ISEF (International Science and Engineering Fair) 2020, the biggest and the most valued science fair in the world. It was a week-long interactive live webinar with people around the world, including past Science Nobel Prize achievers. The event mainly aimed at the adult generation motivating the young generation to continue scientific temperament during this pandemic and tune this generation to tackle such situations in future. Atal Tinkering sessions that are weekly held by our school has the same



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motive of boosting children. I urge all the students to thereby keep the spirits up and engage in some activity because tinkering never stops.

- 2. #ConnectWithThePeople: COVID-19 pandemic isn't the only battle we are fighting. Infact, this crisis had led to the surge of other already existing 'shadowy pandemic'. Houses are meant to be safe for all but did you know that many people find their home to be unsafe? Domestic violence is the reason. Attending a Global MUN (Model United Nations) has taught me to upskill my view towards the world by connecting with people; listening, speaking, debating resolutions and gaining a wide variety of prospects has made me an open-minded person. Hence we need to agree with Universal Law of Gravitation (which states: Force is inversely proportional to the square of distance between them. Metaphorically interpreting [f = unity; r² = distance]: more the unity, less the distance) that can be expressed as a newer term, Universal Law of Unity. Spend time with your friends and family too!
- **3. #OnlineLearning:** It is mandatory to maintain a proper study schedule that includes attending school online classes. Online learning hadn't been much widely used earlier but it has become the need of the hour as per the present circumstances. The online classes and studies have made us more proficient in using the internet and technology. Online courses are the platforms to learn new skills or enhance existing skills. It's the best time to take up such E-learning and explore this broad pathway.
- **4. #LoveTheNature:** Isn't it mesmerising to feel nature being so calm? I often wonder how we have been harming our mother earth in our day to day life. The knockdown of the lockdown has offered us a blessing in disguise or punishment to this greedy mankind (sponsored by our mother nature). Did you know the ozone layer that was earlier disrupted for years by us humans, is healing rapidly as the world is in lockdown?

I have developed a good habit of feeding the animals (birds and dogs) as a token of appreciation to them to make this world a beautiful place. I must say closing your eyes, hearing the sound of nature has the power to wash away all the negativity.

This pandemic has made us all pessimistic but let's take a moment to appreciate the positive things this present lifestyle is teaching us. I hope you all can keep yourself busy just like I am doing! Big thanks to doctors, nurses, scientists, delivery man and many more for their constant effort in easing our lives and fighting this battle keeping their lives at risk.

Stay tuned for the Tip #5that will be given by CRISPR.

</Message> Your CRISPR is back online!

- 5. **#BeABookWorm:** My best friends (WIFI, Internet, algorithm etc.) often complain about being excessively used by everybody. Did you know:
  - As of October 2018, there are more than 1.9 billion websites on the Internet.
  - 95 million photos are uploaded on Instagram every day.
  - 4 billion out of the 7 billion people on earth are already online.
  - 400 hours of video contents are uploaded on YouTube every minute.
  - 250 billion emails are sent out daily.

Shocking isn't it? My friends feel tired doing so much work; can you guys lower your screen times to protect the environment as well because the internet causes E-Pollution too. My master recommends you all to read, read and read books of any choice. They are oceans of knowledge and they are my ancestors. Books are slow and quiet, but the internet is fast and loud. Read books and be positive.

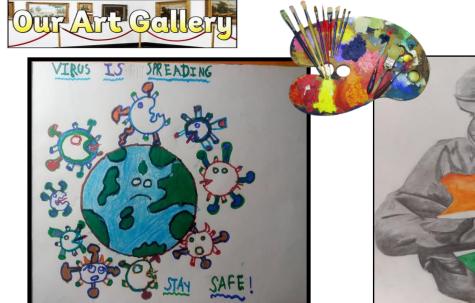
 $Spread\ Posi-tea-vi-tea\ .\ Happy\ I-soul-(n) at ion!$ 

CRISPR (powered by: Rishita Ghosh X D)





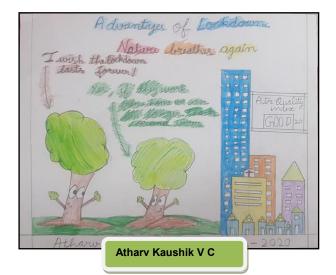
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Anuraj Gautam II A

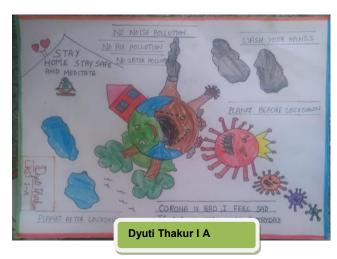


Ashaman Gupta VIII A





Guntaj Singh Sidhu IV



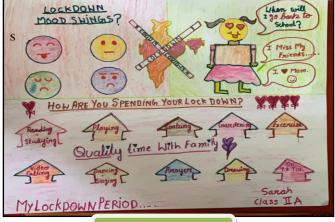


Gurnaaz Kaur II A



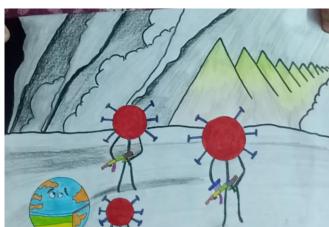
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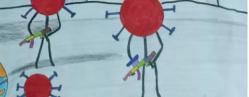




Bhavneesh VI C

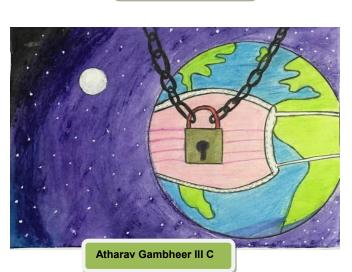
Sarah Sandhu II A





Prajit Sharma II C Chaitanya Verma VII B





2020 - 2021

SAFETY - SOCIAL DISTANCE - SANITISATION

EARTH 2020

PEOPLE ON EARTH UNDER CORONA PRAJIT SHARMA

EARTH 2021

PEOPLE ON EARTH

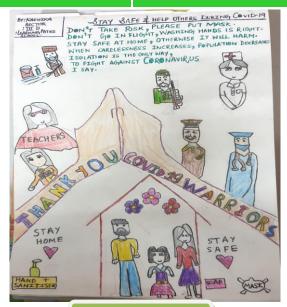
UNDER SMILE



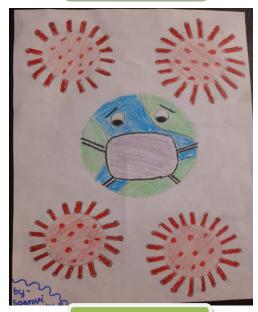
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Kashika Bector III D



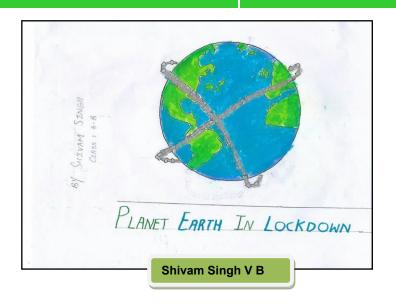
Saanvi Dadwal IV B





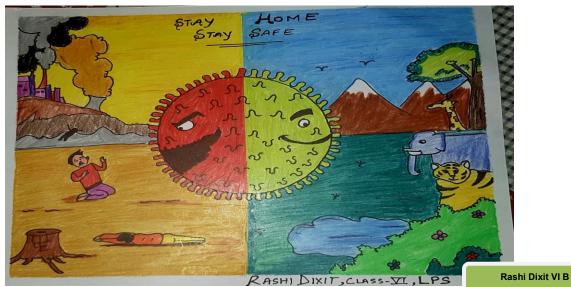
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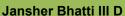










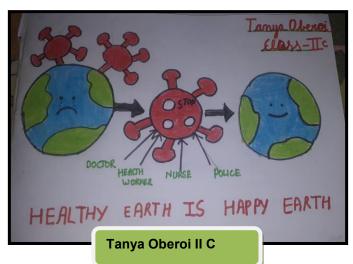




Simran Verma IV A

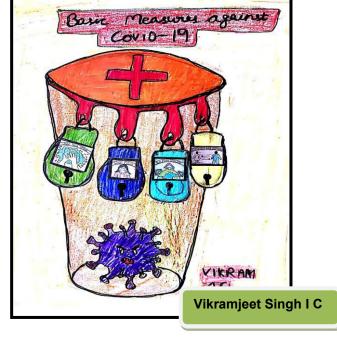


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Happy Reading!